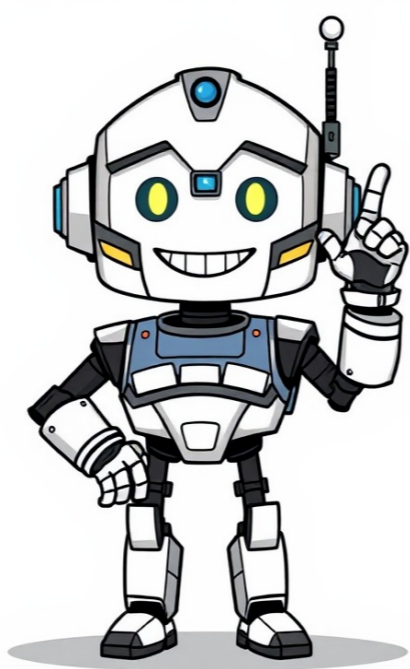


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Antarctica is the coldest continent on Earth, but much of it is warming at one of the fastest rates second only to parts of the Arctic. At nearly twice the size of Australia, Antarctica is the fifth-largest continent on Earth. It surrounds the South Pole and is surrounded by the Southern Ocean. Almost all of Antarctica is covered in a thick layer of ice, averaging around 2 kilometres deep. The thickest ice in Antarctica is thought to be nearly 5,000 metres deep. This icy continent plays a big part in our global climate and, in turn, is directly affected by changes to the global climate making Antarctica and the climate inextricably linked. The videos below demonstrate the type of clothing worn to stay warm in Antarctica and pitching a Scott Polar Tent. What is the difference between ice sheets, ice shelves and sea ice? Ice sheetsare defined as masses of glacial ice made from snow and ice that has fallen on land covering more than 50,000 square kilometres. These flow slowly out towards the sea as gravity acts on the enormous weight of the ice. Ice shelvesare the floating extensions of the land-based ice sheets. They form around the edges of Antarctica, making up almost half of the coastline. Sea iceis formed from frozen sea water and is free floating. It usually expands during winter and melts during summer, but in some places, it can remain throughout the year. At its winter maximum extent, sea ice covers approximately 20 percent of the Southern Hemisphere. Over the last 30 years, sea ice has expanded in Antarctica this is surprising when we consider that the global climate is warming in this time. NIWA researchers are working to understand why. They think that warmer sea water underneath the ice shelves and the South Pole may be melting the underside of the ice, causing cold water to flow away from the pole and freeze again on the edges of the continent.RV Tangaroa works its way into the coast along the Daniell Peninsula to conduct coastal research. Ross Sea Antarctica. How does Antarctica's climate affect the rest of the world? The climate of Antarctica is closely connected to the climate of the rest of the world through the ocean and the atmosphere. For example, ice melting in Antarctica is causing sea-level rise in other parts of the world and warming seas are impacting the animals living in the ocean. Sea ice is one of the main features of Antarctica that impacts the climate of the rest of the world. It does this in several ways: The bright white surface of sea ice reflects the sun's light back out into space. This means less heat is absorbed into the ocean, helping to keep the planet cool. The reflectiveness of the ice is known as its albedo. During winter when there is more sea ice, the ice-albedo effect causes heat to be reflected out to space. During the summer months there is less sea ice and more dark, open sea water. As dark surfaces absorb heat more easily, more heat is absorbed by the ocean causing the water to warm. Heat absorbed into the ocean makes it harder for ice to form and increases the chance of the ice next to the water melting. As the planet continues to get warmer the ice albedo effect is increased, and sea ice is melting at a quicker rate. It is expected that the continued melting of sea ice will cause sea-level rise in other areas of the planet. In the following video, NIWA Antarctic researcher Natalie Robinson explains more about ice-albedo feedback. Sea ice is important to support ecosystems. When sea ice forms it creates a solid structure that algae can grow on. Algae form an important part of the food web and, with declining sea ice, the production of algae could decrease and have knock-on effects for the rest of the food web. For example, krill, little crustaceans that support most of the ocean food web, feed on this algae. Krill populations have been declining as the sea ice has decreased. Sea ice also provides a protective habitat for fish and other animals in the ocean. During winter, sea ice covers a large proportion of the ocean. This works like a blanket that protects the upper ocean from the very cold atmospheric temperatures and in turn protects the animals living in the water. Another way sea ice in Antarctica affects our climate is by influencing where storms form around the icy continent. This is because the sea ice forms a barrier between warmer water below and cooler air above, meaning that the air over sea ice tends to be cooler and drier than air over water. This in turn impacts the weather around the world, especially countries in the southern hemisphere. Here in Aotearoa our most ferocious storms tend to come up from down south. Sea ice is made of mostly fresh water. This is because there's no space for the salt to be incorporated into (or included in) icy crystal structure. When sea ice is forming, the salt is squeezed out of the water and left behind in the surrounding water, making it extra salty This extra salty, cold water is denser (heavier) than normal seawater so sinks to the bottom of the ocean and flows away from Antarctica in to all the deep ocean basins around the globe. This causes warm, less salty water from the tropics to be drawn down towards Antarctica to take the place of the cold, salty water that has flowed away. This process contributes to the global ocean conveyor belt which drives ocean currents around the world, carrying heat and nutrients with it. It is a huge system. It is estimated that a complete circuit around the conveyor belt would take almost 1,000 years. This means that changes to the ocean that happen now take a long time to make their way through the system and it will be a long time before we fully understand their impacts. How does a warming global climate affect Antarctica? Antarctica is divided into three regions: East Antarctica (covered by the East Antarctic Ice Sheet), West Antarctica (covered by the West Antarctic Ice Sheet) and the Antarctic Peninsula. Because of how big Antarctica is, the impact of warming temperatures is not the same across the continent. West Antarctica is one of the fastest warming areas on Earth and the ice here is melting more quickly than in other areas of Antarctica. The melting of sea ice in Antarctica is also having an impact on the animals that live here. For example, krill, a key food source for many animals, has declined in the number of animals that live here. In the East Antarctic region, temperatures cause the ice in Antarctica to melt, which in turn, causes the level of the oceans to increase around the world. This is known as sea-level rise. Sea level rise is caused by the addition of extra water into the ocean from the melting of ice (e.g. ice sheets and glaciers), as well as the thermal expansion of water (water expands as it warms). Sea level rise is expected to increase in future as global temperatures continue to increase. In New Zealand, most of our towns and infrastructure are located in coastal areas, making them very vulnerable to the impacts of sea-level rise. These areas are likely to experience increased flooding and erosion as sea-level rises. Science on the ice NIWA oceanographer Dr Natalie Robinson gives a glimpse into life as a scientist on the ice, from the many layers of warm clothes and nifty equipment she uses to the curious locals. RSV NuyinaPhoto: Pete Harmsen Learn about the Australian Antarctic Program, including opportunities to work with us in Australia or the Antarctic. Meet Australias Antarctic scientists and learn about their scientific research. Learn about the wildlife and environment, and the human experience of the icy continent historically and today. Learn more about our stations, travel and expeditions. We acknowledge the Traditional Owners of Country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past and present. 30 November 2025 New joint research initiatives focused on climate and ecosystem change expand the long-standing collaboration between New Zealand and the United States on Antarctic science and logistics.Science, Innovation and Technology Minist Read More 27 November 2025 Antarctica is changingand the science shows why it matters for all of us.The Antarctic Science Platform has launched its Impact Portfolio, a new way of sharing information about the continent's changing climate. Read More 25 November 2025 Antarctica is changingand the science shows why it matters for all of us.The Antarctic Science Platform has launched its Impact Portfolio, a new way of sharing information about the continent's changing climate. Read More 25 November 2025 Antarctica science has hit the big screen in this year's national Doc Edge Festival, with the story of three women studying sea ice near Scott Base taking home two awards. Mighty Indeed premiered at HOYTS EntX in Antarctic Gateway Read More 16 July 2025 Antarctica's Southern Ocean is full of unanswered questions and this year's Antarctica New Zealand scholarship recipients are on a mission to help solve them. Each of the 2025 Antarctica New Zealand scholarships is backing a y Read More 8 July 2025 Antarctica New Zealand and the Swiss Polar Institute have officialised their cooperation in polar science.The two programmes signed a Memorandum of Arrangement (MoA) in Auckland on Monday 8 July, which will facilitate the develo Read More Antarctica is Earth's fifth largest continent. Image credit: NASA Pack your snowshoes, hat, gloves, and the puffiest jacket you have because Antarctica is the coldest place on Earth! The average temperature in Antarctica in the winter is minus 34.4 Celsius (minus 30 degrees Fahrenheit). The temperature in the center of Antarctica is much lower than the temperature on the coasts. The lowest temperature ever recorded in Antarctica was minus 89.4 C (minus 129 F). The highest temperature ever recorded in Antarctica was 15 C (59 F). Antarctica has just two seasons: summer and winter. Antarctica has six months of daylight in its summer and six months of darkness in its winter. The seasons are caused by the tilt of Earth's axis in relation to the sun. The direction of the tilt never changes. But as the Earth orbits the sun, different parts of the planet are exposed to direct sunlight. During summer, Antarctica is on the side of Earth tilted toward the sun and is in constant sunlight. In the winter, Antarctica is on the side of Earth tilted away from the sun, causing the continent to be dark. Antarctica has only two seasons because of Earth's 23 degree axial tilt. If you love long summers and winters, Antarctica is the place for you! Image credit: NASA/JPL/Caltech Though Antarctica is really, really chilly, it has a lot of life. The most interesting research happens when planning trips to Antarctica. They also give the public a clearer view of the continent. What can NASA learn about space from studying Antarctica? Antarctica is also a good place to find meteorites, or rocks that fall from space to Earth. The number of meteorites found in Antarctica is equal to the number of meteorites found in the rest of the world combined. Meteorites are easier to see on the white ice. Also, meteorites that fall to Antarctica are preserved in ice for a long time. Members of the Antarctic Search for Meteorites (ANSMET) program collect a carbonaceous chondrite meteorite from the base of Mt. Ward, Antarctica. Image credit: Christine Floss NASA scientists have used the Antarctic environment to study Mars. The desert conditions in Antarctica are like the conditions on Mars. NASA tested robots in Antarctica that later landed on Mars. NASA scientists went to Antarctica to study astronaut nutrition. Like people in Antarctica in the winter, astronauts in space are not in the sunlight. The sun helps the human body make vitamins. Scientists study people that visit Antarctica to learn how to help astronauts in space get enough vitamins. Antarctica is also an important region to study the effects of climate change. NASAs NISAR (NASA-ISRO Synthetic Aperture Radar) will measure changes in sea ice, snow extent, permafrost, and surface melting in higher resolution than ever before. Rising sea level from melting ice sheets can create dangerous conditions for people living close to the ocean. Measurements taken now will be used to predict future changes and help scientists better understand our planet's changing climate. Scientists want to know how changes in Earth's climate are affecting Antarctica's ice sheets. They also want to know how changes in Antarctic ice might affect Earth's climate. One tool that NASA uses is the Ice, Cloud, and Land Elevation Satellite, or ICESat. Using ICESat, NASA can measure changes in size of Antarctica's ice sheets. ICESat also helps NASA understand how changes in Earth's climate are affecting Antarctica's ice sheets. Melting ice sheets may impact sea levels all over the world. Using the ICESat, NASA instruments have also helped scientists create detailed maps of the surface of Antarctica. The maps help researchers when planning trips to Antarctica. They also give the public a clearer view of the continent. What can NASA learn about space from studying Antarctica? Antarctica is also a good place to find meteorites, or rocks that fall from space to Earth. The number of meteorites found in Antarctica is equal to the number of meteorites found in the rest of the world combined. Meteorites are easier to see on the white ice. Also, meteorites that fall to Antarctica are preserved in ice for a long time. Members of the Antarctic Search for Meteorites (ANSMET) program collect a carbonaceous chondrite meteorite from the base of Mt. Ward, Antarctica. Image credit: Christine Floss NASA scientists have used the Antarctic environment to study Mars. The desert conditions in Antarctica are like the conditions on Mars. NASA tested robots in Antarctica that later landed on Mars. NASA scientists went to Antarctica to study astronaut nutrition. Like people in Antarctica in the winter, astronauts in space are not in the sunlight. The sun helps the human body make vitamins. Scientists study people that visit Antarctica to learn how to help astronauts in space get enough vitamins. Antarctica is also an important region to study the effects of climate change. NASAs NISAR (NASA-ISRO Synthetic Aperture Radar) will measure changes in sea ice, snow extent, permafrost, and surface melting in higher resolution than ever before. Rising sea level from melting ice sheets can create dangerous conditions for people living close to the ocean. Measurements taken now will be used to predict future changes and help scientists better understand our planet's changing climate. Scientists like Dr. Kimberley Miner visit Antarctica to conduct research and learn more about our Earth. Image credit: Kimberley R. Miner/NASA/JPL/Caltech. Antarctica is Earth's southernmost continent, covering an area of 13.72 million square kilometers, making it the fifth-largest continent by land area. Despite its massive size, Antarctica has no permanent population due to its harsh climate, icy terrain, and remote location. The continent is governed by the Antarctic Treaty System, which ensures it remains a zone dedicated to peace and scientific research. Continent Name: Antarctica Population (2025): 0 permanent residents Largest Area: 13,720,000 km² Coldest temperature ever recorded: -89.2°C (Vostok Station) Contnents: 90% of the world's ice and 70% of its fresh water Although no one permanently resides in Antarctica, the continent hosts more than 70 scientific research stations operated by over 30 countries. These stations are usually staffed seasonally (summer) and some operate year-round. Scientists study climate change, astronomy, glaciology, biology, and moremaking Antarctica a hub of critical environmental research. The Antarctic Treaty, signed in 1959, prohibits military activity and resource extraction while promoting scientific collaboration and environmental protection. The region is not owned by any country, though several nations have made territorial claims that are held in suspension under the treaty. While Antarctica lacks human settlement, it supports a unique and resilient ecosystem. Key species include: Penguins (e.g., Emperor & Adelle) Seals (e.g., Weddell, Leopard) Whales (e.g., Blue, Minke) Cold-tolerant microorganisms and lichens These species survive in extreme conditions and play vital roles in the Southern Oceans ecosystem. Climate Indicator: Changes in Antarctic ice sheets affect global sea levels. Scientific Frontier: A critical region for understanding Earth's past and future. International Cooperation: A rare example of global scientific and political unity. Q: Does anyone live in Antarctica permanently?A: No, it has no permanent residency seasonal researchers. Q: Who owns Antarctica?A: No one. It is governed by an international treaty for peaceful research. Q: How big is Antarctica?A: It spans 13.72 million km, larger than Europe or Australia. Q: What animals live in Antarctica?A: Penguins, seals, whales, and cold-adapted birds and microbes. Q: What is the coldest place on Earth?A: Antarctica, with temperatures dropping below 89C. Asia Africa Europe North America South America Oceania icy waters teeming with penguins and pods of killer whales, swirling clouds of krill and majestic humpback whales the oceans surrounding Antarctica are some of the most pristine and productive in the world.However, its incredible biodiversity is threatened by climate change, and increased fishing and marine pollution. Antarctica is a massive frozen landscape at the bottom of our planet and is the fifth-largest continent in total area. The ocean surrounding Antarctica, the Southern Ocean covers an area of 20,327,000km. Even though it covers a significant area, Antarctica does not have an indigenous human population or any permanent residents. Not only is Antarctica extremely cold reaching temperatures as low as -94C - it also happens to be the driest and windiest continent. Interestingly, it does not experience much snow and is so dry that it is considered a polar desert. As a result, there are no trees on the continent, and there are only two known kinds of native flowering plants. Antarctica and the Southern Ocean around it is home to a wide variety of marine wildlife from tiny antarctic krill to the biggest animal on the planet, the blue whale. You can find half of the worlds penguin species, 15 species of whale and dolphin, as well as over 30 species of seabird and seal. In fact, Antarctica's surrounding oceans are home to more than 8,000 marine species, more than half of which are seen nowhere else in the world. While the North and South Poles share similar extremely cold environments, polar bears are not found in Antarctica living exclusively across the Arctic Ocean.Antarctica is much more than just any icy pole for our planet it is vital for our survival too. Antarctica plays a significant role in maintaining the planets heat balance. Ice being much more reflective than land or water, the massive Antarctic ice sheet helps deflect some of the suns rays away from the Earth, keeping temperatures liveable.The waters around Antarctica also play a significant role in the ocean conveyor belt. Its cold and incredibly dense waters forces warmer water to rise or upwell. This upwelling is so strong it moves water across the entire planet. Without it, Earths waters would become imbalanced and struggle to circulate efficiently.Antarcticas waters are also home to one of the most fundamental species to the Antarctic food web the Antarctic krill. These shrimp-like creatures are the primary food source for countless species, including penguins, seals, and whales. To top it off, Antarctic krill are carbon-storing powerhouses with reports revealing that krill in the Antarctic Peninsula and Scotia Sea have the capacity to sink 23 megatonnes of carbon annually. In fact we are only just learning about the potential role krill play in climate change.Learn about Antarctic krillOf the world's 18 penguin species, half are found only within the Southern Ocean. Antarctica's waters also provide critical habitat and feeding grounds for 90-90% of the world's whale species, including the humpback whale, which is only now recovering from being hunted to the brink of extinction. Global warming Climate change is the greatest long-term threat to the region. Some parts of Antarctica are experiencing significant ice retreat, including the collapse of ice shelves along the Antarctic Peninsula, while other areas are increasing. If our climate continues to warm and acidify the Southern Ocean, scientists predict that krill populations could be devastated, undermining the entire food chain.Increased fishing pressure and illegal fishingAs global fisheries become depleted, there is growing interest to expand fishing throughout the region. In particular, krill fishing needs to be closely monitored and controlled to ensure whales, penguins and other wildlife are protected. Illegal, unregulated and unreported (IUU) fishing also threatens fish stocks in some areas of the Southern Ocean and thereby the seabirds and marine mammals that depend upon them. The harmful fishing methods used by IUU fishing vessels also cause the direct deaths of countless seabirds.Invasive speciesMany Antarctic species have evolved in isolation from the rest of the world. Consequently, they have developed no means of defending themselves from the invasive species carried aboard ships. WWF catalysed and helped fund the removal of rabbits from Macquarie Island and is now helping to remove mice from the Antipodes Islands.By partnering with First Peoples, governments, industry and coastal communities to achieve impact at scale to protect seascapes and Saltwater Country. By increasing local, regional, federal and global-level advocacy to enable more robust frameworks and calling on the Australian Government to play their part in protecting whales within Australia and its surrounding waters such as the Southern Ocean and Antarctica. Read more Most species in Antarctica seem to be the descendants of species that lived there millions of years ago. As such, they must have survived multiple glacial cycles. The species survived the periods of extremely cold climate in isolated warmer areas, such as those with geothermal heat or areas that remained ice-free throughout the colder climate.[116] Emperor penguins with juvenilesvertebrate life of Antarctica includes species of microscopic mites such as Alaskozetes antarcticus, lice, fleas (Glaciopsyllus antarcticus).[117] nematodes, tardigrades, rotifers, krill and springtails. The flightless midge Belgica antarctica, the largest purely terrestrial animal in Antarctica, reaches 6mm (1/4in) in size.[118] Antarctic krill, which congregates in large schools, is the keystone species of the ecosystem of the Southern Ocean, being an important food organism for whales, seals, leopard seals, fur seals, squid, icefish, and many bird species, such as penguins and albatrosses. Some species of marine animals exist and rely, directly or indirectly, on phytoplankton. Antarctic sea life includes penguins, blue whales, orcas, colossal squids and fur seals.[120] The Antarctic fur seal was very heavily hunted in the 18th and 19th centuries for its pelt by sea hunters from the United States and the United Kingdom.[121] Leopard seals are apex predators in the Antarctic ecosystem and migrate across the Southern Ocean in search of food.[122] There are approximately 40 bird species that breed on or close to Antarctica, including species of petrels, penguins, cormorants, and gulls. Various other bird species visit the ocean around Antarctica, including some that normally reside in the Arctic.[123] The emperor penguin is the only penguin that breeds during the winter in Antarctica; it and the Adlie penguin breed farther south than any other penguin.[120] A Census of Marine Life by some 500 researchers during the International Polar Year was released in 2010. The research found that more than 235 marine organisms live in both polar regions, having bridged the gap of 12,000km (7,456mi). Large animals such as some cetaceans and birds make the round trip annually. Smaller forms of life, such as sea cucumbers and free-swimming snails, are also found in both polar oceans. Factors that may aid in their distribution include temperature differences between the deep ocean at the poles and the equator of no more than 5C (9F) and the major current systems or marine conveyor belts which are able to transport eggs and larva.[124] In January 2025, the detachment of the massive iceberg A-84 (comparable in size to the city of Chicago) from the George VI Ice Shelf provided a rare opportunity to explore the seafloor beneath floating ice shelves using robotic submersibles. Researchers uncovered ecosystems unexpectedly rich in large corals, ancient sponges, icefish, giant sea spiders, and even octopuses at depths of up to 1,300 metres (4,300ft). These ecosystems may harbor novel species that have remained concealed for centuries, sustained by nutrient-bearing ocean currents.[125][126][127] An orange lichen (perhaps Calopogon) growing on the Yalour Islands, Wilhelm Archipelago About 1,150 species of fungi have been recorded in the Antarctic region, of which about 750 are non-lichen-forming.[128][129] Some of the species, having evolved under extreme conditions, have colonised structural cavities within porous rocks and have contributed to shaping the rock formations of the McMurdo Dry Valleys and surrounding mountain ridges.[130] The simplified morphology of such fungi, along with their similar biological structures, metabolism systems capable of remaining active at very low temperatures, and reduced life cycles, make them well suited to such environments. Their thick-walled and strongly melanised cells make them resistant to UV radiation.[130] An Antarctic endemic species, the crust-like lichen Buellia frigida, has been used as a model organism in astrobiology research.[131] The same features can be observed in algae and cyanobacteria, suggesting that they are adaptations to the conditions prevailing in Antarctica. This has led to speculation that life on Mars might have been similar to Antarctic fungi, such as Cryomyces antarcticus and Cryomyces minteri.[130] Some of the species of fungi, which are apparently endemic to Antarctica, live in bird dung, and have evolved so they can grow inside extremely cold dung, but can also pass through the intestines of warm-blooded animals.[133] Deschampsia antarctica at Collins Glacier, Antarctica. This species is one of only two flowering plants native to Antarctica, the other one being Antarctic pearlwort (Colobanthus quitensis).Throughout its history, Antarctica has seen a wide variety of plant life. In the Cretaceous, it was dominated by a fern-constituted ecosystem, which changed into a temperate rainforest by the end of that period. During the colder Neogene (172-3Ma), a tundra ecosystem replaced the rainforests. The climate of present-day Antarctica does not allow extensive vegetation to form.[134] A combination of freezing temperatures, poor soil quality, and a lack of moisture and sunlight inhibit plant growth, causing low species diversity and limited distribution. The flora largely consists of bryophytes (25 species of liverworts and 100 species of mosses). There are three species of flowering plants, all of which are found in the Antarctic Peninsula: Deschampsia antarctica (Antarctic hair grass), Colobanthus quitensis (Antarctic pearlwort) and the non-native Poa annua (annual bluegrass).[135] Of the 700 species of algae in Antarctica, around half are marine phytoplankton. Multicoloured snow algae are especially abundant in the coastal regions during the summer.[136] Even sea ice can harbour unique ecological communities, as it expels salt from the water when it freezes, which accumulates into pockets of brine that also harbour dormant microorganisms. When the ice begins to melt, brine pockets expand and can combine to form brine channels, and the algae inside the pockets can reawaken and thrive until the next freeze.[137][138] Bacteria have also been found as deep as 800m (0.50mi) under the ice.[139] It is thought to be likely that there exists a native bacterial community within the subterranean water body of Lake Vostok.[140] The existence of life there is thought to strengthen the argument for the possibility of life on Jupiter's moon Europa, which may have water beneath its water-ice crust.[141] There exists a community of extremophile bacteria in the highly alkaline waters of Lake Untersee.[142][143] The prevalence of highly resilient creatures in such inhospitable areas could further bolster the argument for extraterrestrial life in cold, methane-rich environments.[144] Refuse littering the shoreline at Bellingshausen Station on King George Island, photographed in 1992The first international agreement to protect Antarctica's biodiversity was adopted in 1964.[145] The overfishing of krill (an animal that plays a large role in the Antarctic ecosystem) led officials to enact regulations on fishing. 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