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TLC was out in front of the reality TV craze before it exploded into the front-runner it is today, and the continued success of My 600-lb Life is a prime example of the kind of content the network provides. Rather than focusing on protracted competition or glamorizing the lives of celebrities, TLC primarily brings viewers the real day-to-day lives of people with unique perspectives on life. And viewers are curious: How is Nathan Prater from My 600-lb Life doing now? Nathan Prater's journey was inspiring to viewers Nathan Prater from 'My 600-lb Life'| TLC My 600-lb Life showcases individuals who are morbidly obese and seeking life-changing surgery from Dr. Now. The series showcases the emotional as well as the physical toll that these people are feeling from their obesity, and it provides glimpses of their courage, determination, and hope that many find inspiring. Nathan Prater's story was the focus of the season 10 premiere of My 600-lb Life. When Prater came to Dr. Now with a vision of transforming his life, the doc made it clear that his lifestyle was killing him. Prater weighed 607 pounds at the beginning of his episode, and his wife, Amber, was not far behind him at 502 pounds. The couple struggled together not only with the physical toll of their weight, but also the impact that it had on their marriage. Throughout the episode, both Amber and Nathan Prater make it clear that they believe losing weight and starting healthier lifestyles will transform their marriage, as well as their individual health. Many viewers were rooting for the couple. They were hopeful that Amber and Nathan would find love and care for one another along the way in a relationship that left them both feeling fulfilled. How is Nathan Prater from 'My 600-lb Life' doing now? Knowing that Nathan and Amber's physical concerns were putting a strain on the marriage, many fans want to know if the couple have managed to stay married. Thankfully, the news is good; Nathan and Amber are still together and continuing their weight loss journeys. Back in August 2021, Prater shared on his Facebook account that he met the milestone of getting below 450 pounds, which means he has lost more than 150 pounds since the show started. Amber, too, has been sharing about exercise goals and discussing the way that activity and fitness have become a part of their family life. Long-term success is no guarantee on 'My 600-lb Life' While the participants on the show hope to undergo surgery that changes the physical capacity of their stomachs, they are still no guarantees for success. Many of the participants on the show, however, have seen some simply stunning transformations. Not only have they collectively lost (literal) tons of weight, they've also transformed their lives and their relationships to food and exercise. The tale isn't so happy for everyone, though. Many of the participants have suffered serious medical ailments related to their obesity, and some have died since their stories went on the air. Not everyone who undergoes gastric bypass surgery is able to keep the weight off long-term, and the success of less invasive weight loss efforts for the morbidly obese is even more questionable. In fact, as Michigan Health reports, about 90 percent of people who lose a substantial amount of weight eventually gain almost all of it back. In this way, the participants on My 600-lb Life are hoping to beat the odds, and many fans are rooting them on. RELATED: 'My 600-lb Life' Fans Will Not Believe the Stunning Transformation of Brandi and Kandi Dreier Is My 600-Lb Life scripted? Some Dr. Nowzaradan fans are starting to feel a little dubious about the show and its quality. In fact, some have suggested that the show is scripted, and others feel as if quality and creativity is being lost in production. Here's what fans of the show had to say about the show and the possibility of scripting. How did 'My 600-Lb Life' start? It was Dr. Nowzaradan's idea RELATED: 'My 600-Lb Life': Does Dr. Now Still Do Surgery? Dr. Nowzaradan, AKA Dr. Now, started My 600-Lb Life as a family affair. In fact, Megalomeia is founded by his son, Jonathan Nowzaradan. And according to Jonathan, the show came to life as a result of a random idea from his father — one in a slew of many. "It was actually my father, he's a doctor on the show. And he would call me with terrible ideas. And one day he had a good one, and it was based on helping people as opposed to just entertaining people," Jonathan Nowzaradan said during a chat with The Donna Drake Show. According to Jonathan, the show originally needed to seek out individuals to appear on My 600-Lb Life. However, he and Dr. Now are now receiving application requests without reaching out. "Now we really don't have to find them, they're coming to us. There are a lot of people out there who need help," he explained. "When we first started people had gotten to that point where, for lack of a better term they were mythological — they didn't go out, there wasn't social media, so you didn't know there were people suffering from severe obesity like that behind walls," Nowzaradan added. Does Dr. Now charge patients on 'My 600-Lb Life'? Dr. Nowzaradan on My 600-Lb Life | TLC via YouTube The popularity of the show has earned Dr. Nowzaradan many followers on social media. They're fond of Dr. Now's no-nonsense attitude when it comes to his My 600-Lb Life patients, as well as some of his other mannerisms that they find endearing. Because of this, fans have wondered whether or not Dr. Now charges patients who appear on My 600-Lb Life. The good news is that Dr. Nowzaradan has a strict personal code about this, and as a result does not charge patients who appear on the TLC show. "Looking at the moral obligation that we've got, you see somebody who has no life who could have a life. We don't need to be rich. We do make a living, but we don't need to worry about making a living out of every patient we see," he told the Houstonia magazine. Patients who appear on My 600-Lb Life receive a \$1,500 payment, as well as a \$2,500 resettlement fee if they must move to be closer to Dr. Now. Some fans feel 'My 600-Lb Life' is scripted, losing quality Despite My 600-Lb Life and Dr. Nowzaradan's popularity, there are fans who feel as if the show is losing quality in recent seasons. Some even feel as if My 600-Lb Life is scripted. One Redditor expressed their frustrations on a post entitled "I'm done with this show." "Watched my last episode. Absolutely no creativity in the film making. Awkward scripts and VO. Obvious manipulation of the rather predictable story lines. Creation of one-dimensional characters that miss the richness of their personal stories. Technical disasters like the audio editing," they listed. "Can't take it any more. It is like a bag of potato chips. The first few are good. But then it's all the same and [not] worth it," they added. Commenters were quick to back up the original poster, voicing their own opinions about My 600-Lb Life. "I bought the earlier, 1 hour seasons on Prime. They are so inspiring for the most part, with the OCCASIONAL, deluded idiot who refuses to do the work. Seasons 7-9 have just been frustrating to watch," opined one user. "I think the show needs to both go back to its roots and revamp. Like they should actually follow the participants for a year again," added another fan of the show. When it comes to My 600-Lb Life, Dr. Now is the star of the show. While the patients and their stories are meant to take center stage, Dr. Now often steals the spotlight with his personality and no-nonsense approach to his patients. He's won the affection of many fans — so much so that he's had to ask them to dial it down on social media. The star's accent and mannerisms have left some fans wondering, what nationality is Dr. Now? What nationality is Dr. Now? Dr. Now of 'My 600-Lb Life' | TLC via YouTube RELATED: 'My 600-Lb Life': Dr. Now Has Faced Multiple Malpractice Accusations My 600-Lb Life star Dr. Now has had a very successful career in medicine in the United States, but he isn't actually a citizen by birth. In fact, Dr. Now was born and raised in Iran, in the capital of Tehran. TLC's famous bariatric surgeon originally graduated in 1970 from the University of Tehran with an M.D. After his graduation, Dr. Now moved to the United States and joined the Saint Louis University Medical Orientation Program. Dr. Now then moved to Detroit, Michigan, where he completed a Rotating Surgical Internship at St. John Hospital. Considering his graduation date, fans may have realized that Dr. Now is actually getting on in years. In fact, he is currently 76 years old — something fans might find hard to believe given his relatively youthful appearance and apparent energy on the show. It's clear that Dr. Now enjoys his work and takes it seriously. Dr. Now came up with 'My 600-Lb Life' The My 600-Lb Life doctor takes his work very seriously. In fact, Dr. Now is the one who came up with the idea behind the hit TLC show. Jonathan Nowzaradan, Dr. Now's son, says that his father is chock full of ideas — and that this was one of the few good ones. "It was actually my father, he's a doctor on the show. And he would call me with terrible ideas," Jonathan Nowzaradan told Donna Drake. "And one day he had a good one, and it was based on helping people as opposed to just entertaining people," he explained. Jonathan Nowzaradan feels as if My 600-Lb Life has drawn attention to the difficulties patients on the show face in their daily lives — something that many other individuals didn't know about before. "When we first started people had gotten to that point where, for lack of a better term they were mythological — they didn't go out, there wasn't social media, so you didn't know there were people suffering from severe obesity like that behind walls," he explained. Dr. Now has plenty of fans thanks to his time on My 600-Lb Life. Naturally, that means the bariatric surgeon sees lots of interaction on social media. However, Dr. Now seems to be asking fans to back off a bit in a recent Instagram post. "Social media is not a place you hope to get advice and solution for your weight problem you can get 1200 calories diet from my book," Dr. Now captioned a serious looking selfie. Fans speculated that he was receiving too many DMs about weight loss asking for advice or tips.

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